

BUZZ

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amNY.com

Bits O' Buzz

Nicole and Joel expecting a big brother for Harlow



Madden

Nicole Richie and Joel Madden are reportedly expecting a boy. "Joel bought ... paint for the nursery and, surprise, it's blue," a pal

told In Touch Weekly. The duo has a daughter named Harlow.

Judge Paulina Porizkova fired from 'Top Model'

Last night's season finale of "America's Next Top Model" was Paulina Porizkova's last episode. The judge said she was fired via phone on her birthday — April 9. "It seemed that 'America's Next Top Model' has gotten too fat and they needed to cut some fat and the fat was me," Porizkova told Craig Ferguson on "The Late Late Show" on Tuesday.

Pageant head quits

Only a day after **Carrie Prejean** was allowed to retain her Miss California USA title, the co-executive director of the pageant, **Shanna Moakler**, stepped down from her post.

Prejean's eligibility was questioned after topless pics leaked online. Contestants sign a contract saying they have never taken nude or seminude photos.

"I cannot with a clear conscience move forward supporting and promoting



Prejean, left, and Moakler on Tuesday (GETTY)

the Miss Universe Organization when I no longer believe in it or the contracts I signed committing myself

as a youth," Moakler told us in a statement.

Donald Trump, co-owner of the Miss Universe Organization, said Tuesday that Prejean could keep her title. Moakler was present at the announcement.

Prejean first stirred controversy when she revealed her stance against gay marriage in response to a question from Miss USA judge **Perez Hilton**.

Pageant officials declined to comment.

Lori an attentive mom on and off '90210'



Loughlin

On "90210," **Lori Loughlin** plays a mom, Debbie Wilson, who is obsessed with family dinners. She's the same way in real life.

"My husband and I grew up with moms who cooked. It was a decision

that we'd do that with our kids," said Loughlin, 44, who's promoting Barilla's Piccolini Smiles contest, which awards \$25,000 toward tuition for the best photo of a child eating Piccolini pasta.

Secrets for 'Losing' lbs.

Though it's tough, Crown Heights residents **Damien Gurganious** and **Nicole Brewer** have been dieting and exercising since leaving "The Biggest Loser." They shared their food secrets at a recent fitting for Damien at Men's Wearhouse.



Damien

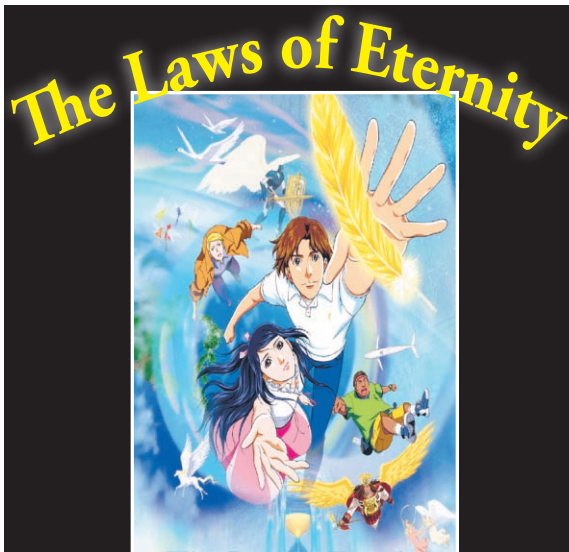
■ Lots of fish! "I've had so much tilapia now, I don't want to see a piece of tilapia again," Damien said.

■ Eating five times a day — three meals, two snacks — and bringing their own (fruit, nuts) on the road.

■ Choosing healthy versions of their favorite items: turkey bacon, home-made Mexican food.

■ Not getting rewarded with food. "If you got a raise or did well in school, you get taken out to eat or get a cake. Instead ... get a new pair of running shoes. Maybe you can get a massage."

(CASEY FELDMAN)

Get the couple's exercise tips at amNY.com.

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